



**nutrition  
assessment  
clinic**

Registered Dietitians/Nutritionists  
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613-546-0003

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## Consult/Referral Form

**For Appointment: Tel: 613-546-0003**

**Fax: 613-507-6127**

DATE: \_\_\_\_\_

PATIENT NAME: \_\_\_\_\_

PHONE NUMBER: \_\_\_\_\_

ASSESSMENT AND TREATMENT

REASON FOR REFERRAL

\_\_\_\_\_

\_\_\_\_\_

WEIGHT CONTROL  LIPIDS  TYPE 1 DIABETES  TYPE 2 DIABETES  IFT/IGT

FATTY LIVER  PLANT BASED DIET  IBS/LOW FODMAP DIET  OTHER \_\_\_\_\_

RELEVANT LAB TESTS IF AVAILABLE: (HbA<sub>1c</sub>, FBS, lipids, BP, B12, Ferritin, Hgb) Fax

\_\_\_\_\_

\_\_\_\_\_

CURRENT MEDICATION:

\_\_\_\_\_

\_\_\_\_\_

Referring Professionals Signature

Clinic Name

### How to Pay For This Service (not covered by OHIP)

Check Your Employee Benefits for coverage for counselling by a Registered Dietitian or Employee Assistance Plan (EAP) 800 number. Some smaller businesses, Queen's Students, Empire Life Staff, Canadian Tire, RCMP, Military Members, Frontenac County Staff, Health Unit, City of Kingston and Board of Education Employees may have coverage. If you have a health spending account or a flex-benefits account this may also cover counselling by a Registered Dietitian.

**Payment** (no HST): Cash, Email Transfer, Debit, MasterCard and VISA